

Keepin it Country (aka The Rondane)



Count: 32

Wall: 4

Level: Beginner

Choreographer: Stefan Schützer (NOR), Tanja Enget (NOR), Heidi Brenden (NOR) & Tine Hildisch (NOR) - 24 February 2024

Music: KEEPIN IT COUNTRY - James Johnston



**** For Rondane Linedanceklubb workshop event 24.02.2024**

Intro : 16 counts

Restart on wall 3 & 7 after 16 counts

Ending: wall 10 after 12 counts

S1 - Step, Step , shuffle fwd, ½ shuffle R , coaster step

1-2 Step RF fwd(1) , Step LF fwd(2)
3&4 Step RF fwd (3) , step LF next to RF (&) , step RF fwd (4)
5&6 Step LF ¼ turn R (5) , step RF next to LF (&) Step LF back ¼ turn R(6) (facing 6:00)
7&8 Step RF back (7) Step LF next to RF (&) Step RF fwd(8)

S2 - Toe, heel, cross, toe, heel, cross(moving fwd) , ¼ turn R (pivot), cross shuffle

1&2 Touch L toe next to RF(1), L heel fwd(&), step LF fwd a little in cross of RF(2)
3&4 Touch R toe next to LF (3), R heel fwd (&) , step RF fwd a little in cross of RF(4)
5-6 Step LF fwd(5) pivot ¼ turn R transferring weight to RF(6)(Facing 9:00)
7&8 Cross LF over RF(7) Step RF to R (&) cross LF over RF(8)

Restart here on wall 3 & 7 facing 3:00

S3 - Side, together, side, touch, vine to L

1-2 Step RF to R(1) step LF next to RF(2)
3-4 Step RF to R(3) touch LF next to RF(4)
5-6 Step LF to L(5) cross RF behind LF(6)
7-8 Step LF to L (7) touch RF next to LF

S4 - Syncopated heel, hook switches

1&2 R heel fwd(1) step RF next to LF(&) L heel fwd(2)
&3&4 Step LF next to RF(&) R heel fwd (3) hook RF cross over LF(&) R heel fwd(4)
&5&6 Step RF next to LF(&) L heel fwd(5) Step LF next to RF(&) R heel fwd(&)
&7&8 Step RF next to LF(&) L heel fwd(7) hook LF cross over RF(&) Stomp LF next to RF(8)

Ending : Wall 10. Do the first 12 counts then: 1-4 - pivot ½ turn, pivot ¼ turn Right.

Ending the dance to 12:00

[CopperKnob - Keepin it Country \(aka The Rondane\) - Stefan Schützer \(NOR\), Tanja Enget \(NOR\), Heidi Brenden \(NOR\) & Tine Hildisch \(NOR\) - 24 February 2024](#)

Démo : [Keepin it Country aka The Rondane Linedance3](#)